

The global influence of localised dynamics in the Southern Ocean

Stephen R. Rintoul
CSIRO Oceans & Atmosphere
Antarctic Climate and Ecosystems Cooperative Research Centre
Centre for Southern Hemisphere Ocean Research
Hobart, Tasmania, 7001
Australia
steve.rintoul@csiro.au

Preface

By connecting the ocean basins and linking the deep and shallow layers of the ocean, the circulation of the Southern Ocean exerts a profound influence on global ocean currents, climate, biogeochemical cycles and sea level. Processes acting on local and regional scales, often mediated by interaction of the flow with topography, play a fundamental part in shaping the large-scale, three-dimensional circulation of the Southern Ocean. Recent advances provide insight into the response of the Southern Ocean to future change and the implications for climate, the carbon cycle and sea level rise.

Introduction

The ocean circles the globe in the latitude band of Drake Passage (56-58°S), unblocked by continents. As a consequence of this unique geometry, the Southern Ocean influences the ocean circulation and climate on global scales. The multiple jets of the Antarctic Circumpolar Current (ACC), the largest ocean current, flow from west to east through this channel and connect the ocean basins (Fig. 1a). The unblocked channel thus enhances interbasin exchange, but inhibits north-south exchange because there can be no net meridional geostrophic flow in the absence of zonal pressure gradients supported by land barriers or topography. Surfaces of constant density rise steeply to the south, in geostrophic balance with the strong eastward flow of the circumpolar current. The steeply-sloping isopycnals (see Box 1 for a glossary of terms used) provide a reservoir of potential energy that is extracted by baroclinic instability to drive the vigorous eddy field evident in Figure 1a. Eddies, in turn, transport fluid and tracers across the ACC. In particular, deep water spreads poleward and

31 rises along the sloping isopycnals, reaching the sea surface near Antarctica^{1,2} (Fig. 1b). Vigorous
32 interactions between the atmosphere, ocean, and cryosphere transform upwelled deep waters to
33 either dense Antarctic Bottom Water (AABW) or lighter intermediate waters (Subantarctic Mode
34 Water (SAMW) and Antarctic Intermediate Water (AAIW)). The result of these water mass
35 transformations is an overturning circulation consisting of two cells: an upper cell in which dense
36 deep water is converted to lighter waters, and a lower cell in which deep water is converted to
37 denser bottom water¹⁻⁴ (Fig.1b). The poleward flow of deep water is balanced by equatorward flow
38 of intermediate and bottom waters formed in the Southern Ocean. By connecting the ocean basins
39 as well as the deep and shallow layers of the ocean, the Southern Ocean circulation allows a global-
40 scale ocean overturning in which conversion of deep water to intermediate water in the Southern
41 Ocean largely compensates the sinking of deep water in the North Atlantic^{4,5}. The global overturning
42 circulation, in turn, largely sets the capacity of the ocean to store and transport heat and carbon
43 dioxide and thereby influence climate⁶⁻⁸.

44 Several characteristics set the circulation of the Southern Ocean apart from ocean currents in other
45 regions. Weak stratification and strong eastward flow driven by powerful winds over the Southern
46 Ocean conspire to establish momentum and vorticity balances that differ from those at lower
47 latitudes. In particular, the adjustment process that limits the depth of the wind-driven circulation at
48 lower latitudes does not operate in the ACC⁹. In the subtropics, changes in wind generate planetary
49 waves that propagate west and gradually establish a new equilibrium circulation of the gyres found
50 in the upper kilometre or so of the water column¹⁰. In the ACC, the eastward flow is much faster
51 than the westward propagation of the waves. As a consequence, the current extends to great depth
52 and the flow is strongly influenced by topography.

53 Substantial progress in understanding the dynamics of the Southern Ocean and its role in the climate
54 system has been made by adopting the zonally-averaged perspective shown schematically in Fig. 1b.
55 Here I describe new insights gained from observations, theory and models that highlight the

limitations of the zonal-mean view and the importance of local and regional dynamics. (“Local” in this context refers to processes that are initiated in a particular area, over spatial scales of 10s to 100s of kilometres, but whose influence on the flow may extend 100s or 1000s of kilometres downstream.) Recent studies have also elucidated the pathways responsible for sequestering heat and carbon and their unanticipated sensitivity to fluctuations in climate forcing. The processes that drive the overturning circulation are better understood, including appreciation of the contribution of freshwater transport by sea ice formation and melt. The extent to which the fate of the Antarctic Ice Sheet is linked to change in the surrounding ocean has come into sharper focus in the last decade. As observational records have increased in length and coverage, the nature and drivers of variability and change in Southern Ocean have become better understood. Taken together, these recent developments provide the foundation for a new conceptual model of the Southern Ocean, in which the large-scale circulation that is of such significance to global climate emerges from dynamics that play out on local and regional scales, catalysed by topography.

Zonal-average dynamics of the Southern Ocean

As illustrated in Fig. 1, the circulation of the Southern Ocean consists of two major elements: the strong eastward flow of the ACC and a weaker overturning circulation carrying water toward or away from the Antarctic continent. By the early 2000s, sufficient progress had been made to allow articulation of a dynamical recipe for these two dominant aspects of the Southern Ocean circulation, and their interaction, as summarised in recent reviews¹¹⁻¹³. The essential ingredients include a circumpolar channel with realistic bathymetry, forced at the surface by winds and buoyancy forcing. Strong westerly winds drive northward transport of surface waters in the Ekman layer, with convergence (downwelling) north of the wind stress maximum and divergence (upwelling) south of the wind stress maximum^{1,2}. The winds therefore cause isopycnals to slope upward to the south, establishing an eastward geostrophic current. Once the isopycnals are sufficiently steep, they

become baroclinically unstable and form eddies¹². The vigorous eddy field plays a central role in Southern Ocean dynamics. Eddies transfer momentum vertically from the sea surface to the sea floor¹¹⁻¹², where bottom form stress balances the wind stress¹⁴. Downward eddy momentum flux is associated with poleward eddy heat transport and eddies make the dominant contribution to the poleward heat flux needed to balance heat lost to the atmosphere at high latitudes¹⁵. Buoyancy forcing can also influence ACC transport by altering the stratification and cross-stream density gradient^{12,16}.

While early measurements of temperature and salinity were sufficient to reveal the existence of an overturning circulation carrying saline deep water towards Antarctica, and a return flow of fresher waters near the sea floor and in the upper ocean^{1,2} (Fig. 1b), the dynamics of the overturning and its connection to the ACC remained obscure for many decades. Progress in the late 20th century revealed that the overturning circulation is in fact intimately linked to the dynamics of the ACC and its eddy field. Because eddies carry mass poleward, allowing meridional transport across the unbounded channel of the Southern Ocean at depths above the shallowest topography, the eddy field associated with the unstable flow of the ACC is directly connected to the overturning circulation. In a stably-stratified ocean, a zonal-mean overturning circulation can only exist if buoyancy is added or removed to convert water from one density class to another (e.g. conversion of dense deep water to lighter mode and intermediate water in the upper cell requires an input of buoyancy, while conversion of deep water to denser bottom water in the lower cell requires removal of buoyancy). As a consequence, the strength of the overturning is directly related to the buoyancy forcing at the sea surface^{3,17}.

A key question is how the circulation of the Southern Ocean, both the ACC and the overturning, responds to changes in forcing by the atmosphere (i.e. changes in wind stress at the sea surface or in air-sea exchange of heat and moisture). Two concepts have dominated recent discussion of the response of the Southern Ocean to changes in forcing: “eddy saturation” and “eddy compensation.”

In the eddy saturation limit, stronger wind forcing results in a more vigorous eddy field, with little change in ACC transport¹⁸. Observations of little change in isopycnal slope across the ACC despite increasing westerly winds have been taken as evidence that the ACC is close to an eddy-saturation regime¹⁹, as also seen in eddy-resolving numerical simulations²⁰⁻²². Eddy compensation refers to the tendency for eddy mass transports to counter the wind-driven overturning circulation. In the limit of complete eddy compensation, the increase in northward Ekman transport in response to stronger winds is balanced by increased southward eddy mass transport. Eddy-resolving numerical simulations suggest that eddies do compensate the wind-driven circulation to a degree²⁰⁻²², but compensation is not complete. In addition, eddy fluxes and Ekman transport act at different depths and transport different water masses²³.

In summary, substantial progress in the past two decades established a conceptual framework for the Southern Ocean, in which both wind and buoyancy forcing drive the circulation, the ACC and overturning are dynamically intertwined, eddies play a central role in establishing zonal-average dynamical balances, and interaction of flow with the sea floor balances forcing at the sea surface. This model, however, fell short of a predictive theory for the response of the Southern Ocean to changes in forcing.

Zonal asymmetry and regional dynamics

The zonal-average perspective illuminated many aspects of Southern Ocean dynamics, including how eddies provide a dynamical connection between the ACC and the overturning circulation. However, the Southern Ocean is not zonally uniform, and these asymmetries provide clues to missing physics. For example, while eddies are central to Southern Ocean dynamics, the distribution of eddy kinetic energy is not uniform, with relatively low levels over flat abyssal plains and elevated levels downstream of topography²⁴. Recent studies have shown how many of the key physical processes relevant to Southern Ocean dynamics and climate are focused in “hot spots,” often linked to bottom

topography. Figure 2 provides a schematic overview of the processes at work when the ACC encounters a topographic obstacle.

Upstream of the topography, the flow is largely zonal, eddy kinetic energy and eddy fluxes are low, vertical motion and cross-front exchange are suppressed, and the ACC fronts are distinct¹³. As the ACC encounters topography, stretching or squashing of the water column generates vorticity that is balanced by meridional motion (a consequence of the tendency of the flow to conserve angular momentum). Where the flow crosses isobaths from deep to shallow, bottom pressure torque turns the flow equatorward and drives upwelling; where the deep flow crosses from shallow to deep, currents are turned poleward and associated with downwelling^{9,11,25}. (Non-zero bottom pressure torque implies a pressure difference along isobaths, and hence a geostrophic flow toward or away from the boundary, which must be balanced by upslope or downslope flow⁹.) Pressure differences across topographic obstacles create stresses that, in the circumpolar integral, balance the wind stress at the sea surface¹⁴. Similarly, bottom pressure torques balance the vorticity supplied by the curl of the wind stress, when integrated around the Southern Ocean. But the zonally-integrated balances conceal the highly non-uniform distribution of bottom form stress and bottom pressure torque, which are concentrated where the ACC interacts with topography^{26,27}. Eddy vorticity fluxes exert torques that turns the jets and help the ACC navigate complex topography²⁸. Topographic steering often causes jets to converge near topography, steepening isopycnals²⁹. While steeper isopycnals are more prone to baroclinic instability, sloping bathymetry provides a stabilising influence because of the tendency to conserve potential vorticity and hence flow along, rather than across, bathymetric contours. Where deep gaps provide a pathway through ridges or other bathymetric obstacles, the ACC jets converge to pass through the gap, with eddies accelerating the deep flow (i.e. the flow becomes more barotropic)^{30,31}.

Downstream of the topography, the flow is no longer stabilised by topographic slopes and the potential energy stored in the topographically-steepened isopycnals is released by baroclinic

155 instability³². Deviations from pure zonal flow by topographic steering help destabilise the flow^{29,32}.
156 Eddy growth rates are high immediately downstream of the topography, while eddy kinetic energy
157 reaches a maximum further downstream, after eddies have had time to grow³³. Meandering is often
158 pronounced in the lee of topography and jets may merge and split²⁹. Downstream of the ridge,
159 advection and stirring by eddies are enhanced³⁴ and deep barotropic eddies facilitate cross-front
160 exchange by increasing the angle between deep and shallow flows³⁵.

161 Localised dynamics and deviations from zonal symmetry are also important for the overturning
162 circulation. While wind-driven upwelling into the surface mixed layer occurs over broad areas, model
163 studies suggest the poleward and upward motion of deep water in the ocean interior is focused in
164 narrow regions where eddies and bottom topography facilitate vertical motion^{36,37}. The circulation of
165 deep water in the Southern Ocean interior therefore follows an upward spiral with largely zonal flow
166 along isopycnals and along depth horizons in regions of smooth topography, connected by rising and
167 poleward flow where the ACC interacts with topographic obstacles and generates enhanced eddy
168 fluxes. Upwelling of deep water occurs largely along isopycnals; although weak diapycnal mixing
169 over broad scales contributes to changes in density, most of the water mass transformation occurs
170 in the surface layer, where both air-sea forcing and diapycnal mixing are strong³⁸. Vertical motion is
171 also associated with the bottom pressure torque created when the deep flow crosses isobaths⁹.

172 The subduction of mode and intermediate water by the upper cell of the Southern Ocean
173 overturning circulation is also focused in local hot spots³⁹. Subduction is large where horizontal flow
174 crosses the sloping base of the surface mixed layer (a process known as lateral induction). As the
175 flow is steered by topography, and the spatial distribution of mixed layer depth is influenced by the
176 large-scale circulation, the distribution of subduction is also influenced by bathymetry. The
177 subduction of anthropogenic carbon into the interior is similarly focused in local hot spots⁴⁰,
178 including standing meanders of the ACC⁴¹.

Eddies also act to mix and stir tracers, primarily along isopycnals. It has been traditional in ocean modelling to assume mixing coefficients that are constant in time and space. Advances in theory, motivated by measurements of turbulence and tracer dispersion, have revealed both spatial and temporal variability in the strength of isopycnal mixing^{34,42} (Figure 3). Stirring along isopycnals is suppressed by one to two orders of magnitude in the core of the ACC jets, where the flow is sufficiently strong to carry tracer downstream before eddies have a chance to mix cross-stream^{34,43}. At depth, where the flow is weaker, the jets no longer inhibit stirring along isopycnals.

Microstructure measurements and tracer dispersion experiments have also revealed how the strength of diapycnal mixing varies in the Southern Ocean⁴⁴⁻⁴⁶, with the Diapycnal and Isopycnal Mixing Experiment in the Southern Ocean (DIMES) the most notable example. Dissipation is enhanced in the upper 1000 m by downward propagation and breaking of near-inertial waves generated by strong wind forcing^{47,48}. Diapycnal mixing is also enhanced above rough topography, where internal lee waves generated by interaction of the flow with topography propagate upward and break^{46,49-51}. The large diapycnal mixing rates at depth in the Southern Ocean help drive the deep overturning cell and exchange between deep layers^{44,52}. Deep diapycnal mixing in the Indian and Pacific Oceans also plays a critical role in the deep overturning cell: abyssal waters exported to the northern basins are converted by diapycnal mixing to slightly less dense deep waters that return to the Southern Ocean and feed the upwelling limb of the overturning circulation^{5,53}. In other words, the global overturning cell associated with sinking of dense water in the North Atlantic is closed first by deep mixing in the deep Indian and Pacific Oceans, followed by upwelling and water mass transformations in the surface layer in the Southern Ocean. In the ocean interior, away from the sea surface and rough topography, diapycnal mixing in the Southern Ocean is weak, as found in the rest of the global ocean⁴⁵.

Southern Ocean uptake of heat and carbon

The strength of the Southern Ocean overturning circulation regulates the exchange of properties between the deep ocean and the surface layer and therefore has broad implications for climate and biogeochemical cycles. For example, the sinking of surface waters in the descending branches of the two overturning cells carries oxygen-rich water to ventilate the ocean interior. The upwelling limb of the overturning cells transfers nutrients from the deep ocean to the surface ocean, balancing the downward flux by sinking of organic matter; models suggest upwelling and export of nutrients by the upper overturning cell supports up to three quarters of global marine primary production north of 30°S^{54,55}. Likewise, the Southern Ocean influences atmospheric carbon dioxide levels on glacial – interglacial time-scales: stronger upwelling of deep water vents more natural carbon to the atmosphere, warming climate during interglacials, while weaker upwelling results in more carbon trapped in the deep ocean, cooling climate during glacial periods⁵⁶.

Of particular relevance to future climate is the role of the Southern Ocean overturning in the carbon and heat budget of the ocean. The ocean south of 40°S dominates the global ocean uptake of anthropogenic heat and carbon dioxide^{6,8,57,58}. As the atmosphere warms and heats the ocean, the northward Ekman transport exports heat to the north, delaying warming south of the ACC and enhancing warming north of the ACC, where subduction of intermediate and mode waters in the upper cell carries heat into the ocean interior⁵⁹. Over the past decade, the southern hemisphere has made the dominant contribution to the increase in global ocean heat content, reflecting both the transfer of heat to mode and intermediate waters by the overturning circulation and the deepening and spin up of the subtropical gyres^{60,61}. The upper cell of the overturning takes up and exports anthropogenic carbon dioxide in a similar manner^{7,57}. For example, in a coupled climate – carbon model, the ocean south of 30°S (30% of the global ocean surface area) accounts for 75% ± 22% of anthropogenic heat uptake by the global ocean, and 43% ± 3% of the ocean uptake of anthropogenic carbon dioxide, over the historical period⁸. The net exchange of carbon between the atmosphere and the Southern Ocean depends on two competing effects, both of which are influenced strongly

by the overturning circulation: the outgassing of natural carbon driven by upwelling of carbon-rich deep water, and the uptake, transport and storage of anthropogenic carbon.

Given the prominent role of the Southern Ocean in the exchange of carbon between the atmosphere and the ocean, changes in the ability of the region to take up carbon dioxide would have substantial consequences for the global carbon cycle and climate. A decade ago, ocean models and atmospheric inversions suggested the Southern Ocean carbon sink was “saturated” and no longer keeping pace with increases in atmospheric CO₂^{62,63}. The reduction in strength of the Southern Ocean carbon sink was attributed to increased outgassing of natural carbon associated with a wind-driven strengthening of the overturning circulation. This raised concerns that further weakening of the Southern Ocean carbon sink could contribute a positive feedback to climate change. At that time, there were insufficient ocean carbon data to estimate changes in ocean carbon uptake directly.

Longer and more complete time series of pCO₂ and new analysis approaches have revealed unanticipated variability in the Southern Ocean carbon sink^{64,65}. As found in the earlier studies, the ocean carbon sink south of 35°S weakened in the 1990s, but strengthened again between 2002 and 2011 by 0.6 Pg C yr⁻¹, or half the magnitude of the global trend in the ocean carbon sink over this period⁶⁴. The “reinvigoration” of the Southern Ocean carbon sink was attributed to changes in both the wind-driven overturning circulation^{64,65} and in sea surface temperature (hence the solubility of CO₂), with colder temperatures dominating in the Pacific and weaker upwelling dominating in the Atlantic⁶⁴. While earlier studies emphasised the impact of changes in zonal-average westerly winds on the Southern Ocean carbon sink, the more recent work shows that the sink is also sensitive to regional wind anomalies. The large magnitude of temporal changes in the carbon sink underscores both the importance of the Southern Ocean to global budgets and the sensitivity of this sink to temporal and regional variations in climate forcing.

Sea ice conveyor of freshwater

255 The existence of an overturning circulation in the Southern Ocean requires buoyancy forcing to
256 transform water from one density class to another. More specifically, the conversion of upwelled
257 deep water to lighter mode and intermediate waters in the upper cell requires an input of buoyancy
258 through heating and/or addition of freshwater, while conversion to dense bottom water requires
259 cooling and/or addition of salt during sea ice formation. Most previous work has focused on
260 buoyancy forcing by air-sea heat exchange and freshwater added by an excess of precipitation over
261 evaporation^{5,66}. However, improved estimates of sea ice transport from observations and models
262 indicate that “distillation” of freshwater by sea ice formation, transport and melt makes the
263 dominant contribution of buoyancy needed to close the upper cell⁶⁷⁻⁷⁰. Sea ice formation rates are
264 highest at high latitude, on the Antarctic continental shelf, where brine release contributes to
265 formation of dense shelf water. Once formed, sea ice is exported to the north by Ekman transport
266 and ocean gyres and melts. This results in a sink of freshwater over the continental shelf and a
267 source of freshwater at lower latitudes. In this way, sea ice contributes both to the lower cell, where
268 brine released during sea ice formation contributes to production of AABW, and to the upper cell,
269 where freshwater from sea ice melt helps convert deep water to lighter mode and intermediate
270 water.

271 As the strength of the overturning circulation is set by the buoyancy forcing^{3,17}, changes in sea ice
272 formation and export may drive changes in the overturning circulation. Large regional trends in
273 Antarctic sea ice extent and persistence have been observed in recent decades^{68,71,72}, with retreat of
274 ice in the eastern Pacific and growth of ice in the Ross Sea sector attributed to zonal asymmetries in
275 wind forcing⁷¹, but the response of the overturning circulation to the resulting regional anomalies in
276 buoyancy forcing has not been investigated. Changes in freshwater input from increases in high
277 latitude precipitation as the atmosphere warms⁷³ or from increased glacial melt^{74,75} would also alter
278 buoyancy forcing and water mass formation in the Southern Ocean, with implications for the
279 overturning circulation. The overturning circulation may also impact the distribution of sea ice, with
280 the sign of the response depending on the time-scale considered⁷⁶. The instantaneous response to

an increase in the westerly winds is stronger northward Ekman transport of cold water and expansion of sea ice. But continued strong upwelling eventually brings the deeper warm water to the surface, driving warming and sea ice retreat. The short time-scale effect may help explain the overall expansion of sea ice in recent decades, but cannot explain the zonal asymmetry between the sea ice changes observed in the eastern and western Pacific.

Ocean influence on the Antarctic Ice Sheet

Floating ice shelves buttress the Antarctic Ice Sheet by providing a back stress that resists the flow of glacial ice to the sea⁷⁷. Thinning or retreat of ice shelves may therefore reduce the buttressing effect and cause increased export of ice and a rise in sea level⁷⁸. Melt of the ice shelf from below by warm waters entering the sub-ice shelf cavity influences the thickness of ice shelves and their buttressing capacity⁷⁹. Parts of the ice sheet that are grounded below present-day sea level (i.e. marine-based ice sheets) are particularly sensitive to ocean-driven change in the ice shelves at their seaward edge. The marine-based ice shelves in the Amundsen and Bellingshausen Seas are more exposed to ocean heat flux than other parts of the Antarctic margin because the warm waters of the ACC abut the continental shelf in that region. The most rapid thinning and mass loss has occurred in the Amundsen/Bellingshausen Seas, where waters over the continental shelf have warmed⁸⁰.

However, there is growing evidence that the marine-based portion of the East Antarctic Ice Sheet may also be vulnerable to ocean-driven melt. Satellite measurements show that parts of the EAIS, including the Totten Glacier that holds a volume of ice equivalent to >3.5m of global sea level rise, have thinned and grounding lines have retreated in recent decades⁸¹. The Totten ice shelf experiences basal melt rates exceeded only by ice shelves in the Amundsen Sea^{82,83}, a surprising result given the expectation that this part of the Antarctic margin was more isolated from warm ocean waters. But recent oceanographic observations on the continental shelf near the Totten found that warm water was widespread, persisted through the year, and reached the sub-ice shelf cavity through a deep channel^{84,85}. Recent simulations of the response of the ice sheet to future

changes in climate suggest that the Aurora and Wilkes Basins in East Antarctica will make a substantial contribution to future sea level rise, with ice sheet retreat initiated by ocean heat flux^{86,87}.

To assess the potential vulnerability of the Antarctic Ice Sheet, the processes regulating ocean heat transport to the sub-ice shelf cavities, and their sensitivity to changes in forcing, need to be understood (Fig. 4). A key factor is the reservoir of ocean heat available for transfer across the shelf break, which in turn is influenced by large-scale circulation features like the ACC, the Weddell and Ross gyres, and wind-driven upwelling. The boundary between warm offshore waters and cooler waters over the continental shelf (the Antarctic Slope Front) can move or change in strength in response to both local and remote forcing⁸⁸, altering the temperature of water available for transport across the shelf break. Warm water present at the shelf break can be transported onto the shelf by eddies⁸⁹, Kelvin waves⁸⁸ or by currents flowing along bathymetric contours in deep troughs on the continental shelf⁹⁰. Air-sea interaction over the continental shelf influences how much of the heat that reaches the continental shelf makes it as far as the ice shelf cavity. Strong ocean heat loss in polynyas can vent heat from the ocean before it reaches the ice shelf⁹¹. Wind forcing (local or remote) and polynya activity can alter the depth of the thermocline and so restrict or enhance the ocean heat flux to the cavity⁹². While ocean heat flux drives melting of ice shelves, the input of glacial meltwater in turn influences ocean circulation and sea ice^{74,93}. Freshwater supplied by glacial melt increases the stratification of shelf waters, inhibiting deep convection, and thereby both reducing formation of Antarctic Bottom Water and further enhancing basal melt by allowing ocean heat at depth to reach the ice shelves rather than be lost to the atmosphere^{75,94}. While progress has been made in identifying the processes regulating ocean heat transport to ice shelf cavities, it is not yet possible to determine their relative importance, now and in the future.

Past and future change in the Southern Ocean

Given the impact of Southern Ocean processes on the global ocean circulation, climate and sea level, changes in the region could have widespread consequences. For example, changes in the amount of heat and carbon dioxide sequestered by the overturning circulation would act as a feedback on the rate of climate change. Increased ocean heat transport to ice shelf cavities would drive increased basal melt, reduced buttressing, loss of mass from the Antarctic Ice Sheet and a rise in sea level⁸⁶. Despite recent progress, understanding of Southern Ocean dynamics still falls short of a complete theory allowing quantitative predictions of future changes in circulation. Nevertheless, recent observations of variability and change and advances in physical understanding provide some clues to guide a qualitative assessment of how the region will respond to changes in forcing.

Changes in various Southern Ocean properties have been documented in recent decades. The upper 2000 m of the Southern Ocean has warmed and freshened^{19,73,96} (e.g. by $> 0.1^{\circ}\text{C}$ per decade and > 0.015 practical salinity units per decade, at depths of 300 – 500 m, over the past four decades¹⁹) with the largest changes in ocean heat content on the northern side of the ACC⁶⁰. Both air-sea exchange and shifts in position of the ACC have likely contributed to the changes in water properties⁹⁶. Waters near the sea floor on the continental shelf of the Amundsen and Bellingshausen Seas have warmed⁸⁰. Eddy kinetic energy in the ACC has increased between the 1990s and the present⁹⁷. The inventory of anthropogenic carbon has increased, with the largest changes in intermediate and mode waters north of the ACC^{6,58}. Changes in chlorofluorocarbons (CFCs) between the 1990s and early 2000s have been interpreted as evidence for stronger upwelling of poorly-ventilated deep water and stronger subduction of well-ventilated intermediate waters⁹⁸, while more recent work suggests a reduction in overturning in the most recent decade⁶⁵. Widespread freshening, warming and contraction of Antarctic Bottom Water has been observed over the past 30-50 years⁹⁹⁻¹⁰³.

What do these recent changes tell us about the sensitivity of the Southern Ocean to changes in forcing? Many of the changes summarised above are consistent with a spin-up of the wind-driven

overturning cell. The westerlies shifted south and strengthened between the 1980s and early 2000s, associated with a positive trend in the Southern Annular Mode, the dominant mode of variability of the southern hemisphere atmosphere¹⁰⁴. Changes in wind forcing over the Southern Ocean have been linked to loss of ozone¹⁰⁴, greenhouse gas forcing¹⁰⁵ and teleconnections to the tropics¹⁰⁶. The changes in the ocean inventory of heat, freshwater, and dissolved gases observed in recent decades are largely consistent with a strengthening of the wind-driven overturning, supporting the hypothesis that the eddy-driven circulation only partially compensates wind-driven changes in overturning¹⁰⁷. Evidence from observations¹⁹ and model studies²⁰⁻²² suggest the ACC is close to the eddy saturation limit, and hence increases in wind forcing drive an increase in eddy kinetic energy but little change in transport. Observations showing that the baroclinic transport of the ACC has remained roughly constant as wind forcing has strengthened¹⁹, while eddy kinetic energy has increased⁹⁷, support this hypothesis.

How will the Southern Ocean change in the future? The westerly winds are expected to continue to strengthen and shift south in response to greenhouse gas forcing¹⁰⁵. As the climate warms, we can anticipate an increase in heat input to the ocean, an increase in freshwater input from enhanced precipitation⁷³ and ice melt⁶⁸ (including sea ice, icebergs and glacial melt), and hence an increase in the input of buoyancy to the ocean. The response of the Southern Ocean to these projected changes in forcing can be assessed by considering the contribution of different terms in the tracer balances.

Models and observations suggest the first order response to these changes in forcing is passive advection of climate anomalies by the mean flow (i.e. $V\Delta T$, where V is the unperturbed, three-dimensional, mean flow and ΔT is the anomaly in tracer concentration)^{59,108}. As climate changes, the surface ocean is warmed, freshened and enriched in anthropogenic CO₂ by exchange with the atmosphere. These anomalies are swept north by the upper cell of the overturning circulation, increasing the inventory of anthropogenic heat, freshwater and carbon dioxide north of the ACC. The

climate anomalies enter the interior ocean through localised subduction hot-spots^{40,41}. That is, anomalies of heat and other properties are harvested over broad spatial scales set by the wind and pumped into the interior through narrow windows whose distribution reflects interaction of the mean flow with the topography of the sea floor and of the mixed layer.

Based on the preceding discussion of Southern Ocean dynamics, we can anticipate that climate change will also alter the circulation, contributing to changes in water properties and inventories (e.g. ΔVT_{ave} , where ΔV is the climate-driven anomaly in circulation, and T_{ave} is the mean tracer concentration). Stronger winds will drive a stronger wind-driven cell, which will be partially compensated by a more energetic eddy-driven cell²¹. Warming and increased freshwater input will increase the buoyancy input to the ocean, driving the stronger water mass transformations required by a spin-up of the upper cell of the overturning circulation. The buoyancy transport by the overturning circulation must increase to balance the enhanced buoyancy input, through an increase in strength of the overturning circulation^{3,17} and/or an increase in the density difference between the upper and lower branches of the overturning (as illustrated in an idealised model²³). An increase in strength of the upper cell will act on mean isopycnal and diapycnal gradients to transport heat and other climate properties. Because eddy diffusivity is a function of eddy kinetic energy, an increase in eddy energy as a consequence of increased wind forcing will strengthen eddy transport along isopycnals¹⁰⁷. A stronger upper cell will drive changes in the subsurface ocean by increasing the poleward and upward transport of old, poorly-ventilated deep water south of the ACC and the subduction of young, well-ventilated mode and intermediate waters north of the ACC¹⁰⁸. This spin-up of the overturning circulation acts in the same sense as passive advection of climate anomalies by the mean flow, flushing climate anomalies from south to north across the ACC and increasing the inventory in subducted mode and intermediate waters. Therefore we expect warming, freshening and increased storage of anthropogenic carbon dioxide north of the ACC and smaller changes in inventories south of the ACC.

The future of the Southern Ocean carbon sink is difficult to assess: stronger upwelling will mean more outgassing of natural carbon dioxide, while a stronger upper cell will take up and store more anthropogenic carbon dioxide^{57,58,63}. Whether the net Southern Ocean carbon sink increases or decreases depends on the extent to which eddies compensate changes in the wind-driven overturning, and the response of the eddy-driven cell remains uncertain. Changes in surface temperature in response to regional and larger-scale wind anomalies will also influence the strength of the carbon sink⁶⁴. Stronger upwelling of relatively warm deep water may also increase the ocean heat transport to the base of floating ice shelves, but, as outlined above, the delivery of heat to the ice shelf cavities depends on many factors which themselves are likely to be affected by changes in climate forcing.

Changes in surface forcing will drive further changes in the Southern Ocean that will have consequences for climate. Warming and freshening as a result of air-sea exchange and ice melt will enhance stratification in the upper ocean, inhibiting exchange between the mixed layer and the interior⁶⁹, weakening deep convection¹⁰⁹, and reducing the density of shelf waters that contribute to AABW formation⁹⁹. We might therefore anticipate a weakening of the lower cell, although changes in recent decades suggest lighter bottom waters will continue to ventilate the abyssal ocean¹⁰³ until a threshold is reached when winter shelf waters are too light to sink to the abyssal ocean. Increased winds may drive increased diapycnal mixing at depth over rough topography⁴⁶, increasing a “short circuit”⁴⁴ in the abyssal ocean that would reduce the amount of well-ventilated bottom water that reaches the basins to the north, further reducing the influence of the lower cell.

A consistent theme of this review has been the importance of local and regional dynamics, often linked to topography. While the topography does not change with time, and we can therefore anticipate the same topographic features will continue to localise the dynamics of the Southern Ocean circulation, changes in the path of the current will impact dynamical balances. For example, small changes in the angle at which the flow intersects topography can change the torque exerted by

the flow on the sea floor²⁷. Likewise, changes in the path of the ACC will alter pressure differences across topography, changing the stress exerted by the flow on the sea floor²⁶. Standing meanders in the lee of topography are likely of particular importance, where stronger wind forcing drives an increase in meandering, increased instability, more eddy activity, enhanced downward transfer of momentum, and acceleration of the deep flow; interaction of the deep flow with topography establishes bottom form stress and bottom pressure torque to balance the forcing³². Analysis of the time-dependent momentum balance of the ACC suggests the adjustment to a change in wind involves rapid barotropic processes that enable a near-instantaneous response of bottom form stress to changes in wind forcing²⁶.

The above discussion of the future of the Southern Ocean is informed by recent progress in dynamical understanding but remains speculative, reflecting both gaps in the theoretical underpinning of the Southern Ocean circulation and uncertainties in future climate forcing. The most significant gap in physical understanding is the response of the eddy field to changes in forcing. This review has highlighted how eddies, both transient and stationary, are intimately involved in almost every aspect of Southern Ocean dynamics, helping to set the strength and vertical and horizontal structure of the mean flow (both the ACC and the overturning); drive meridional flow; navigate complex topography; shape the complex temporal and spatial distribution of ocean mixing; and transport energy, momentum, vorticity and tracers.

Outlook and open questions

Substantial progress has been made in recent years in understanding the dynamics and global influence of the Southern Ocean, underpinned by a revolution in ocean observing and advances in theory and numerical simulation. These discoveries have shown that the Southern Ocean needs to be viewed through both wide-angle and macro lenses. Southern Ocean processes have a disproportionate impact on global climate, biogeochemical cycles and sea level, and are linked to low latitudes through diverse teleconnections involving interactions between the atmosphere,

455 ocean and cryosphere. On the other hand, these global impacts are the expression of dynamics that
456 largely play out on the local and regional scale, often mediated by topography.

457 Many questions remain open. Perhaps of greatest importance to climate and sea level is the
458 uncertain response of the Southern Ocean overturning circulation – in particular, the eddy-driven
459 contribution – to changes in wind and buoyancy forcing. Eddies are now known to transfer
460 momentum and vorticity from the sea surface to the sea floor, but the detailed pathways and their
461 sensitivity to changes in forcing are unknown. Recent studies have highlighted how the upwelling
462 and downwelling limbs of the overturning circulation are localised by topography, as is cross-front
463 exchange, but the three-dimensional structure of the overturning remains obscure. Knowledge of
464 the nature and causes of variability in the Southern Ocean is rudimentary, including the relative
465 contributions of local forcing, teleconnections to low latitude and intrinsic variability. The theoretical
466 foundation for Southern Ocean dynamics is developing rapidly, but remains incomplete. This gap is
467 reflected, for example, by the speculative nature of the above discussion of the response of the
468 Southern Ocean to changes in forcing, and by our inability to do much more than list the
469 mechanisms that influence the delivery of ocean heat to the Antarctic margin. The fact that new
470 observations continue to reveal surprises that challenge existing thinking also underscores gaps in
471 knowledge; examples include the unanticipated variability of the Southern Ocean carbon sink, the
472 dominant contribution of the southern hemisphere to the change in global ocean heat content in the
473 past decade, and evidence that the East Antarctic Ice Sheet is more exposed to ocean heat transport
474 than once thought.

475 The prospects for further progress are encouraging. The Argo array of profiling floats has allowed
476 year-round, broad-scale observations of the data-sparse Southern Ocean for the past decade and
477 many of the recent insights summarised in this review have relied on these new measurements. As
478 the profiling float array expands into the ice-covered and deep ocean, further breakthroughs will
479 follow. The capability of other observing tools like gliders and autonomous underwater vehicles is

480 also increasing, making measurements feasible in previously inaccessible areas such as beneath
481 floating ice shelves and perennial ice. Continued growth in computing power is allowing numerical
482 exploration of Southern Ocean dynamics with high resolution models that resolve critical physical
483 processes acting at small scales. Insights gained in this way promise to improve parameterisations
484 used in earth system models, helping to reduce biases in their representation of the Southern
485 Ocean. The combination of new observations, advances in theory, and improvements in modelling
486 promises to deliver much better understanding of how the Southern Ocean circulation will respond
487 to future change and influence global climate, biogeochemical cycles and sea level rise.

488

489

490 **Box 1: Glossary**

491 **Baroclinic and barotropic:** Baroclinic flows vary with depth; barotropic flows are independent of
492 depth.

493 **Baroclinic instability:** An instability of an atmospheric or oceanic flow that releases potential energy
494 from the mean flow and increases the energy of the eddy field. The more rapidly the flow varies with
495 depth (or, equivalently, the steeper the slope of isopycnals across the current), the more unstable
496 the flow.

497 **Bottom form stress:** A stress exerted on the sea floor by the flow, proportional to the difference in
498 pressure at constant depth on either side of a topographic feature.

499 **Bottom pressure torque:** A torque exerted on the sea floor by the flow, proportional to the
500 difference in pressure along topography, at constant depth.

501 **Buoyancy:** Buoyancy is added to the ocean by heating or input of freshwater by precipitation or ice
502 melt; buoyancy is removed by cooling or by removal of freshwater by evaporation or formation of
503 sea ice.

504 **Diapycnal / isopycnal:** Diapycnal refers to the direction perpendicular to surfaces of constant
505 density (i.e. isopycnals); isopycnal processes act along surfaces of constant density.

506 **Eddy:** Ocean eddies are deviations from the mean flow, where the mean field can be defined by a
507 temporal average (transient eddies) or a spatial average (stationary eddies). Eddies largely transport
508 properties along isopycnals. Baroclinic eddies are produced by baroclinic instability of the mean
509 flow.

510 **Ekman:** The Ekman layer is the surface layer forced directly by the wind. In the Ekman layer, the
511 drag force exerted by the wind stress is balanced by the pressure gradient force and the Coriolis
512 force. The Ekman transport is at right angles to the left of the wind in the southern hemisphere.

513 Horizontal gradients in wind stress result in divergence or convergence of Ekman transport, hence
514 upwelling or downwelling.

515 **Forcing:** Ocean circulation is driven by the stress of the wind blowing on the sea surface and by
516 factors that affect the buoyancy of the surface ocean (see buoyancy).

517 **Geostrophic balance:** Large-scale flows in the ocean and atmosphere are close to geostrophic
518 balance, where the pressure gradient force is balanced by the Coriolis force.

519 **Kelvin wave:** A low-frequency [gravity wave](#) trapped to a land boundary, or the [equator](#).
520

521 **Meridional / zonal:** Meridional refers to the north-south direction. Zonal refers to the east-west
522 direction.

523 **Planetary waves:** Planetary waves or Rossby waves are wave motions that result from the
524 conservation of potential vorticity and the fact that the Coriolis effect varies with latitude. Planetary
525 waves have westward phase velocity and transfer information about changes in forcing.

526 **Potential vorticity:** Vorticity refers to the rotation of a fluid element, and includes contributions
527 from horizontal gradients of velocity (relative vorticity) and from the earth's rotation (planetary
528 vorticity). Potential vorticity tends to be conserved by oceanographic flows, in the absence of
529 dissipation.

530 **Topography:** The bathymetry or varying depth of the sea floor.

531 **Tracer:** A generic property transported by ocean currents and mixing processes.
532
533

References:

1. Deacon, G. E. R. The hydrology of the Southern Ocean. *Discov. Rep.* **15**, 1-124 (1937).
2. Sverdrup, H. U. On vertical circulation in the ocean due to the action of the wind with application to conditions within the Antarctic Circumpolar Current. *Discov. Rep. VII*, 139-170 (1933).
3. Speer, K., Rintoul, S. R., & Sloyan, B. The diabatic Deacon cell. *J. Phys. Oceanog.*, **30**, 3212-3222 (2000).

This study highlights the role of the Southern Ocean in closing the global overturning circulation.

4. Marshall, J., and K. Speer. Closure of the meridional overturning circulation through Southern Ocean upwelling. *Nature Geoscience* **5**: 171-180 (2012).

A review of the Southern Ocean overturning circulation and its role in the Earth system.

5. Sloyan, B. M. and S. R. Rintoul. The Southern Ocean limb of the global deep overturning circulation., *J. Phys. Oceanog.*, **31**, 143-173 (2001).
6. Sabine, CL, Feely, RA, Gruber, N, Key, RM, Lee, K, Bullister, JL, Wanninkhof, R, Wong, CS, Wallace, DWR, Tilbrook, B, Millero, FJ, Peng, TH, Kozyr, A, Ono, T, Rios, AF. Oceanic sink for anthropogenic CO₂. *Science*, **305**, 367-371 (2004).
7. Gruber, N., M. Gloor, S. E. Mikaloff Fletcher, S. C. Doney, S. Dutkiewicz, M. J. Follows, et al., Oceanic sources, sinks, and transport of atmospheric CO₂. *Glob. Biogeochem. Cycles*, **23**, GB1005, (2009).
8. Frölicher, T.L., J.L. Sarmiento, D.J. Paynter, J.P. Dunne, J.P. Krasting, and M. Winton. Dominance of the Southern Ocean in Anthropogenic Carbon and Heat Uptake in CMIP5 Models. *J. Climate*, **28**, 862–886, (2015).

This study, based on numerical model simulations, demonstrates the dominant contribution of the Southern Ocean to the uptake of anthropogenic heat and carbon dioxide.

9. Hughes, C. W. , Nonlinear vorticity balance of the Antarctic Circumpolar Current, *J. Geophys. Res.*, **110**, C11008, doi:10.1029/2004JC002753 (2005).

A lucid explanation of the vorticity balance in the Southern Ocean.

10. Anderson, D. L. T., and A. E. Gill (1975), Spin up of a stratified ocean with applications to upwelling, *Deep Sea Res.*, 22, 583–596.
 11. Rintoul, S. R., C. Hughes and D. Olbers. The Antarctic Circumpolar System. In: *Ocean Circulation and Climate*, G. Siedler, J. Church, and J. Gould, (Eds.), Academic Press, 271-302 (2001).
 12. Olbers, D., Borowski, D., Völker, C., & Wölff, J.-O. The dynamical balance, transport and circulation of the Antarctic Circumpolar Current. *Antarctic Science*, **16**, 439-470 (2004).
 13. Rintoul, S. R. and A. C. Naveira Garabato. Chapter 18: Dynamics of the Southern Ocean Circulation. In: Siedler, G., Griffies, S., Gould, J. and Church, J. (Eds.): *Ocean Circulation and Climate, 2nd Ed. A 21st century perspective*, International Geophysics Series, Volume 103, ISBN: 9780123918512 Academic Press, (2013).
- A recent review of Southern Ocean dynamics that provides additional detail on some of the processes highlighted here.**
14. Munk, W. H. and E. Palmén. Note on the dynamics of the Antarctic Circumpolar Current. *Tellus*, **3**, 53 – 55, 10.1111/j.2153-3490.1951.tb00776.x (1951).
 15. Johnson, G. C., and H. Bryden. On the strength of the Circumpolar Current. *Deep-Sea Res.*, **36**, 39-53 (1989).
 16. Hogg, A. McC. An Antarctic Circumpolar Current driven by surface buoyancy forcing. *Geophysical Research Letters*, **37**, doi:10.1029/2010GL044777 (2010).
 17. Marshall, J. & T. Radko. Residual-Mean Solutions for the Antarctic Circumpolar Current and Its Associated Overturning Circulation. *J. Phys. Oceanog.*, **33**, 2341–2354 (2003).
 18. Straub, David N. On the Transport and Angular Momentum Balance of Channel Models of the Antarctic Circumpolar Current. *J. Phys. Oceanog.*, **23**, 776–782 (1993)
 19. Böning, C. W., A. Dispert, M. Visbeck, S. R. Rintoul, and F. Schwarzkopf. Response of the Antarctic Circumpolar Current to recent climate change. *Nature Geoscience*, **1**, 864-869, doi:10.1038/ngeo362 (2008).

20. Hallberg, R., and A. Gnanadesikan. The role of eddies in determining the structure and response of the wind-driven Southern Hemisphere overturning: Results from the modeling eddies in the Southern Ocean (MESO) project. *J. Phys. Oceanog.*, **36**, 2232-2252 (2006).
21. Farneti, R., Delworth, T. L., Rosati, A. J., Griffies, S. M., & Zeng, F. The role of mesoscale eddies in the rectification of the Southern Ocean response to climate change. *J. Phys. Oceanog.*, **40**, 1539–1557 (2010).
22. Dufour, C. O., Le Sommer, J., Zika, J., Gehlen, M., Orr, J. C., Mathiot, P. & Barnier, B. Standing and transient eddies in the response of the Southern Ocean meridional overturning to the Southern Annular Mode. *Journal of Climate*, **25**, 6958-6974 (2012).
23. Morrison, A. K. & A. McC. Hogg. On the Relationship between Southern Ocean Overturning and ACC Transport. *J. Phys. Oceanog.*, **43**, 140-148 (2013).
24. Chelton, D. B., M. G. Schlax, R. M. Samelson & R. A. deSzoeke, Global observations of large ocean eddies. *Geophys. Res. Lett.*, **34**, L15606, (2007).
25. Sokolov, S. and S. R. Rintoul. On the relationship between fronts of the Antarctic Circumpolar Current and surface chlorophyll concentrations in the Southern Ocean. *J. Geophys. Res. – Oceans*, **112**, C07030 (2007).
26. J. Masich, T. K. Chereskin & M. Mazloff. Topographic form stress in the Southern Ocean State Estimate. *J. Geophys. Res.*, **120**, 7919-7933 (2015).
27. Y. I. Firing, T. K. Chereskin, D. R. Watts & M. R. Mazloff. Bottom pressure torque and the vorticity balance from observations in Drake Passage. *J. Geophys. Res. Oceans*, **121**, 4282-4302 (2016).
28. Williams, R. G., C. Wilson & C. W. Hughes, Ocean and atmosphere storm tracks: the role of eddy vorticity forcing. *J. Phys. Oceanog.*, **37**, 2267 (2007).
29. Thompson, A.F. & J.B. Sallée. Jets and topography: Jet transitions and the impact on transport in the Antarctic Circumpolar Current. *J. Phys. Oceanog.*, **42**, 956-972 (2012).

30. Smith, I. J., D. P. Stevens, K. J. Heywood, and M. P. Meredith. The flow of the Antarctic Circumpolar Current over the North Scotia Ridge, *Deep Sea Res., Part I*, **57**, 14–28 (2010).
31. Rintoul, S. R., S. Sokolov, M.J.M. Williams, B. Peña Molino, M. Rosenberg and N.L. Bindoff. Antarctic Circumpolar Current transport and barotropic transition at Macquarie Ridge. *Geophysical Research Letters*, **41**, 7254-7261, 10.1002/2014GL061880 (2014).
32. Thompson, A. F., and A. C. Naveira Garabato. Equilibration of the Antarctic Circumpolar Current by standing meanders, *J. Phys. Oceanogr.*, **44**, 1811–1828, doi:10.1175/JPO-D-13-0163.1 (2014).
This study shows how changes in the path of the Antarctic Circumpolar Current (“flexing” of meanders) can give rise to eddy-mean flow and flow-topography interactions that balance changes in forcing.
33. Dufour, C.O., S. M. Griffies, G. F. de Souza, I. Frenger, A. K. Morrison, J. B. Palter, J. L. Sarmiento, E. D. Galbriath, J. P. Dunne, W. G. Anderson and R. D. Slater. Role of mesoscale eddies in cross-frontal transport of heat and biogeochemical tracers in the Southern Ocean, *J. Phys. Oceanogr.*, **45**, 3057-3081 (2015).
34. Naveira Garabato, A. C., Ferrari, R. & Polzin, K. L. Eddy stirring in the Southern Ocean. *Journal of Geophysical Research*, **116**, doi: 10.1029/2010JC006818 (2011).
A comprehensive examination of along-isopycnal stirring in the Southern Ocean by eddies.
35. Chereskin, TK, Donohue KA, Watts DR, Tracey KL, Firing YL, Cutting AL. Strong bottom currents and cyclogenesis in Drake Passage. *Geophysical Research Letters*, **36** 10.1029/2009gl040940 (2009).
36. Döös, K., J. Nycander & A. C. Coward, Lagrangian decomposition of the Deacon Cell. *J. Geophys. Res.*, **113**, C07028 (2008).
37. Tamsitt, V., H. F. Drake, A. K. Morrison, L. D. Talley, C. O. Dufour, A. R. Gray, S. M. Griffies, M. R. Mazloff, J. L. Sarmiento, J. Wang, and W. Weijer. Spiraling pathways of global deep waters to the surface of the Southern Ocean. *Nature Communications* **8**:1. (2017).

38. V. Tamsitt, R. P. Abernathey, M. R. Mazloff, J. Wang & L. D. Talley. Transformation of deep water masses along Lagrangian upwelling pathways in the Southern Ocean. *J. Geophys. Res. Oceans*, **123** doi:10.1002/2017JC013409 (2018).
 39. Sallée, J. B., S. R. Rintoul & S. E. Wijffels. Southern ocean thermocline ventilation. *J. Phys. Oceanog.*, **40**, 509-529 (2010).
 40. Sallée, J. B., R. Matear, S. R. Rintoul and A. Lenton. Surface to interior pathways of anthropogenic CO₂ in the southern hemisphere oceans. *Nature Geoscience*, **5**, 579-584, doi:10.1038/ngeo1523 (2012).
 41. Langlais, C., A. Lenton, R. Matear, D. Monselesan, B. Legresy, E. Cougnon, S. R. Rintoul. Stationary Rossby waves dominate subduction of anthropogenic carbon in the Southern Ocean. *Scientific Reports*, **7**, 17076 (2017) doi:10.1038/s41598-017-17292-3 (2017).
 42. Tulloch, R., R. Ferrari, O. Jahn, A. Klocker, J. LaCasce, J. R. Ledwell, J. Marshall, M.-J. Messias, K. Speer & A. Watson. Direct estimate of lateral eddy diffusivity upstream of Drake Passage. *J. Phys. Oceanog.*, **44**, 2593 – 2616 (2014).
 43. Ferrari, R., & Nikurashin, M. Suppression of eddy diffusivity across jets in the Southern Ocean, *J. Phys. Oceanog.*, **40**, 1501-1519 (2010).
- This study explains how the strong jets of the Antarctic Circumpolar Current suppress eddy stirring across the current.**
44. Naveira Garabato, Alberto C., Stevens, David P., Watson, Andrew J., Roether, Watson and Roether, Wolfgang. Short-circuiting of the oceanic overturning circulation in the Antarctic Circumpolar Current *Nature*, **447**, (7141), pp. 194-197 (2007).
 45. Ledwell, J. R., L. C. St. Laurent, J. B. Girton & J. M. Toole. Diapycnal mixing in the Antarctic Circumpolar Current. *J. Phys. Oceanog.*, **41**, 241 – 246 (2011).
 46. Naveira Garabato, A. C., Polzin, K. L., Ferrari, R., Zika, J. D., & Forryan, A. A microscale view of mixing and overturning across the Antarctic Circumpolar Current. *J. Phys. Oceanog.*, **46**(1), 233-254. DOI: 10.1175/JPO-D-15-0025.1 (2016).

47. Waterman, S. N., A. C. Naveira Garabato, and K. L. Polzin. Internal waves and turbulence in the Antarctic Circumpolar Current. *J. Phys. Oceanogr.*, **43**, 259–282, doi:<https://doi.org/10.1175/JPO-D-11-0194.1> (2013).
48. Sheen, K. L., et al. Rates and mechanisms of turbulent dissipation and mixing in the Southern Ocean: Results from the Diapycnal and Isopycnal Mixing Experiment in the Southern Ocean (DIMES), *J. Geophys. Res. Oceans*, **118**, 2774–2792, doi:10.1002/jgrc.20217 (2013).
49. Nikurashin M, Ferrari R, Radiation and Dissipation of Internal Waves Generated by Geostrophic Motions Impinging on Small-Scale Topography: Application to the Southern Ocean, *Journal of Physical Oceanography*, **40**, 2025–2042. ISSN 0022-3670 (2010).
50. Laurent, L. S., A. C. N. Garabato, J. R. Ledwell, A. M. Thurnherr, J. M. Toole, and A. J. Watson (2012), Turbulence and Diapycnal Mixing in Drake Passage, *Journal of Physical Oceanography*, **42**(12), 2143–2152, doi:10.1175/jpo-d-12-027.1.
51. Watson, A. J., J. R. Ledwell, M.-J. Messias, B. A. King, N. Mackay, M. P. Meredith, B. Mills, and A. C. Naveira Garabato (2013), Rapid cross-density ocean mixing at mid-depths in the Drake Passage measured by tracer release, *Nature*, **501**(7467), 408–411, doi:10.1038/nature12432. **Using observations of the spreading of a tracer released in the Southern Ocean, the authors show that diapycnal mixing is rapid where the Antarctic Circumpolar Current interacts with rough topography.**
52. M. Nikurashin & R. Ferrari. Overturning circulation driven by breaking internal waves in the deep ocean. *Geophys. Res. Lett.*, **40**, 1–5, doi:10.1002/grl.50542 (2013).
53. Talley, L. D. Closure of the global overturning circulation through the Indian, Pacific, and Southern Oceans: schematics and transports. *Oceanography* **26**, 80–97 (2013).
54. Sarmiento, J. L., N. Gruber, M. A. Brzezinski, and J. P. Dunne. High-latitude controls of thermocline nutrients and low latitude biological productivity, *Nature*, **427**, 56–60 (2004).

55. I. Marinov, A. Gnanadesikan, J. R. Toggweiler & J. L. Sarmiento. The Southern Ocean biogeochemical divide, *Nature*, **441**, pages 964–967, doi:10.1038/nature04883 (2006).
56. Sigman, D. M., M. P. Hain & G. H. Haug. The polar ocean and glacial cycles in atmospheric CO₂ concentration, *Nature*, **466**, 47–55, doi:10.1038/nature09149 (2010).
57. Mikaloff Fletcher, S. E., et al. Inverse estimates of anthropogenic CO₂ uptake, transport, and storage by the ocean, *Global Biogeochem. Cycles*, **20**, GB2002, doi:10.1029/2005GB002530 (2006).
58. Khatiwala S, Tanhua T, Mikaloff Fletcher SE, Gerber M, Doney SC, et al. Global ocean storage of anthropogenic carbon. *Biogeosciences* **10**:2169–91 (2013).
59. Armour, K. C., Marshall, J., Scott, J. R., Donohoe, A., & Newsom, E. R. Southern Ocean warming delayed by circumpolar upwelling and equatorward transport. *Nature Geoscience*, **9**:7, 549-554 (2016).
60. Roemmich, D. J. *et al.* Unabated planetary warming and its ocean structure since 2006. *Nature Clim. Change* **5**, 240–245 (2015).
61. Gao, L., S. R. Rintoul & W. Yu. Recent wind-driven changes in Subantarctic Mode Water and its impact on ocean heat storage. *Nature Climate Change*, doi:10.1038/s41558-017-0022-8 (2017).
62. Le Quéré, C, C. Rodenbeck, E. T. Buitenhuis, T. J. Conway, R. Langenfelds, R., A. Gomez, C. Labuschagne, M. Ramonet, T. Nakazawa, N. Metzl, N. Gillett & M. Heimann. Saturation of the southern ocean CO₂ sink due to recent climate change. *Science*, **316**. doi:10.1126/science.1136188 (2007).
63. Lovenduski, N. S., N. Gruber & S. C Doney, Toward a mechanistic understanding of the decadal trends in the Southern Ocean carbon sink. *Glob. Biogeochem. Cycles*, **22**, GB3016, 2008.
64. Landschützer P, Gruber N, Haumann FA, Rödenbeck C, Bakker DC, et al. The reinvigoration of the Southern Ocean carbon sink. *Science* **349**:1221–24 (2015).
65. DeVries, T., M. Holzer, & F. Primeau. Recent increase in oceanic carbon uptake driven by weaker upper-ocean overturning, *Nature*, **542**, 215–218 (2017).

714 66. Lumpkin, R. and K. Speer, Global ocean meridional overturning. *J. Phys. Oceanog.*, **37**, 2550-2562
715 (2007).

716 67. Abernathey, R. P. et al. Water-mass transformation by sea ice in the upper branch of the
717 Southern Ocean overturning. *Nat. Geosci.* **9**, 596–601 (2016).

718 68. Haumann, F. A., N. Gruber, M. Münnich, I. Frenger, S. Kern. Sea-ice transport driving Southern
719 Ocean salinity and its recent trends. *Nature*, **537**, 89–92. doi:10.1038/nature19101 (2016).

720 **This study highlights the contribution of freshwater transport by sea ice to the buoyancy**
721 **budget and water mass transformations that are central to the Southern Ocean overturning**
722 **circulation.**

723 69. Pellichero, V., J.-B. Sallée, S. Schmidtko, F. Roquet, and J.-B. Charrassin. The ocean mixed layer
724 under Southern Ocean sea-ice: Seasonal cycle and forcing, *J. Geophys. Res. Oceans*, **122**, 1608–
725 1633, doi:10.1002/2016JC011970 (2017).

726 70. Pellichero, V., J.-B. Sallée, C. Chapman & S. Downes, The Southern Ocean Meridional Overturning
727 in the sea-ice sector is driven by freshwater fluxes, *Nature Comm.*, in press, 2018.

728 71. Holland, P. R., and R. Kwok. Wind-driven trends in Antarctic sea-ice drift, *Nat. Geosci.*, **5** (12),
729 872–875 (2012).

730 72. Hobbs, W. R., R. Massom, S. Stammerjohn, P. Reid, G. Williams & W. Meier, A review of recent
731 changes in Southern Ocean sea ice, their drivers and forcings. *Glob. Plan. Change*, **143**, 228-250.
732 (2016).

733 73. Durack, P., S. Wijffels & R. Matear. Ocean Salinities Reveal Strong Global Water Cycle
734 Intensification During 1950 to 2000. *Science*, **336**, 455-458 (2012).

735 74. Bintanja, R., G. J. van Oldenborgh, S. S. Drijfhout, B. Wouters & C. A. Katsman. Important role for
736 ocean warming and increased ice-shelf melt in Antarctic sea-ice expansion. *Nature Geoscience* **6**,
737 376–379 (2013). doi:10.1038/ngeo1767

738 75. Silvano, A., S. R. Rintoul, B. Peña-Molino, W. R. Hobbs, E.M. van Wijk, S. Aoki & G. D. Williams.
739 Freshening by glacial meltwater enhances melting of ice shelves and reduces formation of
740 Antarctic Bottom Water, *Science Advances*, in press (2018).

741 76. Ferreira, D., J. Marshall, C. M. Bitz, S. Solomon & A. Plumb. Antarctic ocean and sea ice response
742 to ozone depletion: a two-time-scale problem. *J. Climate*, **28**, 1206-1226 (2015).

743 77. Shepherd A., H. A. Fricker and S. L. Farrell, The State of Antarctica, *Nature*, (2018).

744 78. Dupont, T. K. & RB Alley, Assessment of the importance of ice-shelf buttressing to ice-sheet flow.
745 *Geophysical Research Letters* **32**(4) (2005).

746 79. Pritchard, H. D., Ligtenberg, S. R. M., Fricker, H. A., Vaughan, D. G., Van den Broeke, M. R., &
747 Padman, L. Antarctic ice-sheet loss driven by basal melting of ice shelves. *Nature*, **484**, 502-505.
748 doi:10.1038/nature10968 (2012).

749 80. Schmidtko, S., et al. Multidecadal warming of Antarctic waters, *Science*, **346**, 1227-1231, DOI:
750 10.1126/science.1256117 (2014).

751 81. Li, X., E. Rignot, M. Morlighem, J. Mouginot, B. Scheuchl, Grounding line retreat of Totten
752 Glacier, East Antarctica, 1996 to 2013, *Geophysical Research Letters*, **42**, 8049–8056 (2015)
753 doi:10.1002/2015GL065701.

754 82. Rignot, E., S. Jacobs, J. Mouginot, B. Scheuchl, Ice shelf melting around Antarctica. *Science*, **341**,
755 266-270 (2013).

756 83. Depoorter, M. A., J. L. Bamber, J. A. Griggs, J. T. M. Lenaerts, S. R. M. Ligtenberg, M. R. van den
757 Broeke, G. Moholdt, Calving fluxes and basal melt rates of Antarctic ice shelves. *Nature*, **502**, 89-
758 92 (2013). doi:10.1038/nature12567

759 84. Rintoul, S. R., A. Silvano, B. Pena-Molino, E. van Wijk, M. Rosenberg, J. S Greenbaum, D. D.
760 Blankenship. Ocean heat drives rapid basal melt of Totten Ice Shelf. *Science Advances*, **2**,
761 e1601610, DOI: 10.1126/sciadv.1601610 (2016).

85. Silvano, A., S. R. Rintoul, B. Peña-Molino and G. D. Williams. Distribution of water masses and glacial meltwater on the continental shelf near the Totten Glacier. *Journal of Geophysical Research – Oceans*, **122**, doi:10.1002/2016JC012115 (2017).
86. Golledge, N. R., D. E. Kowalewski, T. R. Naish, R. H. Levy, C. J. Fogwill & E. G. W. Gasson, The multi-millennial Antarctic commitment to future sea-level rise. *Nature*, **526**, 421-425 (2015). doi:10.1038/nature15706 (2015).
87. DeConto, R.M., D. Pollard, Contribution of Antarctica to past and future sea-level rise. *Nature*, **531**, 591-597. doi:10.1038/nature17145 (2016).
88. Spence, P., R. Holmes, A. Hogg, S. Griffies, K. Stewart, M. England. Localized rapid warming of West Antarctic subsurface waters by remote winds. *Nature Climate Change*, doi:10.1038/nclimate3335 (2017).
89. Stewart, A. L., & Thompson, A. F. Eddy-mediated transport of warm Circumpolar Deep Water across the Antarctic Shelf Break. *Geophys. Res. Lett.*, **42**, 432–440. doi:10.1002/2014GL062281.1. (2015).
90. Dinniman, M. S., J.M. Klinck, W.O. Smith Jr. A model study of Circumpolar Deep Water on the West Antarctic Peninsula and Ross Sea continental shelves. *Deep-Sea Res. II*, **58** (2011), pp. 1508-1523 (2011).
91. Khazendar, A., M.P. Schodlok, I. Fenty, S.R.M. Ligtenberg, E. Rignot, M.R. van den Broeke, Observed thinning of Totten Glacier is linked to coastal polynya variability. *Nature Communications*, **4**:2857 (2013). doi: 10.1038/ncomms3857
92. Dutrieux, P., De Rydt, J., Jenkins, A., Holland, P. R., Ha, H. K., Lee, S. H., Schröder, M. Strong Sensitivity of Pine Island Ice-Shelf Melting to Climatic Variability. *Science*, **3** (7), 468–472. doi:10.1126/science.1244341 (2014).
93. Pauling, A. G., Smith, I. J., Langhorne, P. J., & Bitz, C. M. Time-dependent freshwater input from ice shelves: Impacts on Antarctic sea ice and the Southern Ocean in an Earth System Model, *Geophysical Research Letters*, **44**, 10,454–10,461. doi.org/10.1002/2017GL075017 (2017).

94. Hellmer, H. H. Impact of Antarctic ice shelf basal melting on sea ice and deep ocean properties. *Geophysical Research Letters*, **31**, L10307 , DOI: 10.1029/2004GL019506 (2004).
95. Gille, S. T. Decadal-scale temperature trends in the Southern Hemisphere ocean. *Journal of Climate*, **21**, 4749-4765 (2008).
96. Meijers, A. J. S., N. L. Bindoff & S. R Rintoul, Frontal movements and property fluxes: contributions to heat and freshwater trends in the Southern Ocean. *J. Geophys. Res.*, **116**, doi 10.1029/2010JC006832 (2011).
97. Hogg, A. McC. M. P. Meredith, D. P Chambers, E. P. Abrahamson, C. W. Hughes & A. K. Morrison. Recent trends in the Southern Ocean eddy field, *J. Geophys. Res.*, **119**, doi:10.1002/2014JC010470 (2015).
98. Waugh, D. W., F. Primeau, T. DeVries & M Holzer. Recent changes in the ventilation of the southern oceans. *Science*, **339**, doi 10.1126/science.1225411 (2012).
99. Jacobs, S. S. and C. F. Giulivi. Large Multidecadal Salinity Trends near the Pacific-Antarctic Continental Margin. *Journal of Climate*, **23**(17): 4508-4524 (2010).
100. Purkey, S. G., & G. C. Johnson. Warming of global abyssal and deep southern ocean waters between the 1990s and 2000s: Contributions to global heat and sea level rise budgets. *Journal of Climate*, **23**, 6336-6351. doi:10.1175/2010jcli3682.1 (2010).
101. Purkey, S. G., & G. C. Johnson. Global contraction of Antarctic Bottom Water between the 1980s and 2000s. *Journal of Climate*, **25**, 5830-584, DOI: 10.1175/JCLI-D-11-00612.1 (2012).
102. Purkey, S. G. & Johnson, G. C. Antarctic Bottom Water warming and freshening: contributions to sea level rise, ocean freshwater budgets, and global heat gain. *J. Clim.* **26**, 6105–6122 (2013).
103. van Wijk, E. M. and S. R. Rintoul. Freshening drives contraction of Antarctic Bottom Water in the Australian Antarctic Basin. *Geophysical Research Letters*, **41**, doi:10.1002/2013GL058921 (2014).

104. Thompson, D.W.J., S. Solomon, P.J. Kushner, M.H. England, K.M. Grise and D.J. Karoly.
Signatures of the Antarctic ozone hole in Southern Hemisphere surface climate change. *Nature Geoscience*. doi:10.1038/ngeo1296 (2011).
105. Swart, N. C. & J. C. Fyfe, Observed and simulated changes in the Southern Hemisphere surface westerly wind-stress. *Geophys. Res. Lett.*, **39**, L16711 (2012).
106. Ding Q, Steig EJ, Battisti DS, Wallace JM: Influence of the tropics on the Southern Annular Mode. *Journal of Climate*, **25**, 6330-63 (2012).
107. Meredith, M. P., A. C. Naveira Garabato, A. McC. Hogg & R. Farneti. Sensitivity of the Overturning Circulation in the Southern Ocean to Decadal Changes in Wind Forcing. *Journal of Climate*, **25**, 99-110 (2012).
108. Morrison, A. K., S. M. Griffies, M. Winton, W. G. Anderson & J. L. Sarmiento, Mechanisms of Southern Ocean heat uptake and transport in a global eddying climate model. *J. Clim.*, **29**, 2059 – 2075 (2015).
109. Ito, T., A. Bracco, C. Deutsch, H. Frenzel, M. Long & Y. Takano, Sustained growth of the Southern Ocean carbon storage in a warming climate. *Geophys. Res. Lett.*, **42**, 4516-4522 (2015).
110. Patara, L., C. W. B Böning and A Biastoch. Variability and trends in Southern Ocean eddy activity in 1/12° ocean model simulations. *Geophys. Res. Lett.*, **43**, 4517 – 4523, doi:10.1002/2016GL069026 (2016).
111. Rintoul, S. R. Southern Ocean currents and climate. Papers and proceedings of the Royal Society of Tasmania, 133, 41-50 (2000).

838 **Acknowledgements**

839 I thank three anonymous reviewers and the Editor Michael White for their insightful comments that
840 have improved the clarity and rigour of the paper. [Alessandro Silvano, Annie Foppert, Andrew](#)
841 [Lenton, Max Nikurashin and Esmee van Wijk also provided comments on the paper. Michael Bessel](#)
842 [and Graham Wells prepared the original version of Figure 1b.](#) This work is supported in part by the
843 Australian Government Cooperative Research Centre (CRC) program through the Antarctic Climate
844 and Ecosystems CRC, by the National Environmental Science Program, by the Centre for Southern
845 Hemisphere Oceans Research, a partnership between CSIRO and the Qingdao National Laboratory
846 for Marine Science and Technology, and by the Tinker-Muse Prize for Science and Policy in
847 Antarctica.

848

849 **Competing Interests**

850 The author declares no competing interests.

Figure captions

Figure 1: The Southern Ocean circulation. (top) 5-day mean current speed at 112 m from a high resolution ($1/12^\circ$) numerical simulation of the Antarctic Circumpolar Current, illustrating the filamented, eddy-rich structure of the current (see movie in Supporting Information of reference 110). (bottom) A highly schematic view of the Southern Ocean overturning circulation (adapted from reference 111). The schematic omits many important aspects of the Southern Ocean circulation, including wind and buoyancy forcing, eddies and mixing processes.

Figure 2. Interaction of the Antarctic Circumpolar Current with topography. A schematic view of the dynamical processes at work in the distinct dynamical regimes upstream, over, and downstream of a topographic obstacle in the path of the current.

[sketch to be drafted by Nature illustrators]

Figure 3. Spatial distribution of mixing along and across isopycnals. A schematic representation of the spatial variability of mixing processes in the Southern Ocean. Isopycnal mixing is inhibited in the upper part of the ACC jets, where the mean flow is strong relative to the eddies (shaded region). Isopycnal mixing can transport tracers against the mean flow, ventilating upwelling layers (heavy blue arrow at upper left of diagram). The strength of isopycnal mixing is dependent on eddy kinetic energy, hence wind strength. Diapycnal mixing is enhanced near the surface, where wind-generated, downward-propagating inertial waves break, and near topography, where lee waves generated by interaction of the flow with topography propagate upward and break. Diapycnal mixing is weak in the remainder of the domain.

[draft sketch; to be drafted by Nature illustrators]

875

876 **Figure 4. Processes controlling ocean heat flux to the Antarctic margin.** A schematic
877 representation of physical processes that can influence the transport of warm water from the open
878 ocean to ice shelf cavities. (1) The Antarctic Slope Front forms the boundary between cold waters on
879 the shelf and warm waters offshore. Processes that cause the Slope Front to heave (vertically or
880 north-south) can influence transport of warm water onto the shelf (e.g. tides, wind, topographic
881 waves) (2) Wind or buoyancy forcing (local or remote) can change the depth of the thermocline on
882 the shelf, affecting how much warm water can reach the ice shelf cavity. (3) Eddies contribute to
883 transferring warm water across the shelf break. (4) Warm water can be steered onto the shelf
884 through deep channels. (5) Polynyas can form and export large volumes of cold, dense shelf water;
885 warm offshore waters can be drawn onshore to conserve mass. (6) The large-scale circulation (e.g.
886 subpolar gyres) can influence the reservoir of heat available for transport onto the shelf. (7) Changes
887 in wind can affect upwelling of warm deep water and ocean currents so as to either facilitate or
888 inhibit cross-shelf exchange of warm water. (8) Changes in deep water source properties or
889 upwelling strength can affect the ocean heat available for transport onto the shelf.

890 [sketch; to be drafted by Nature illustrators]

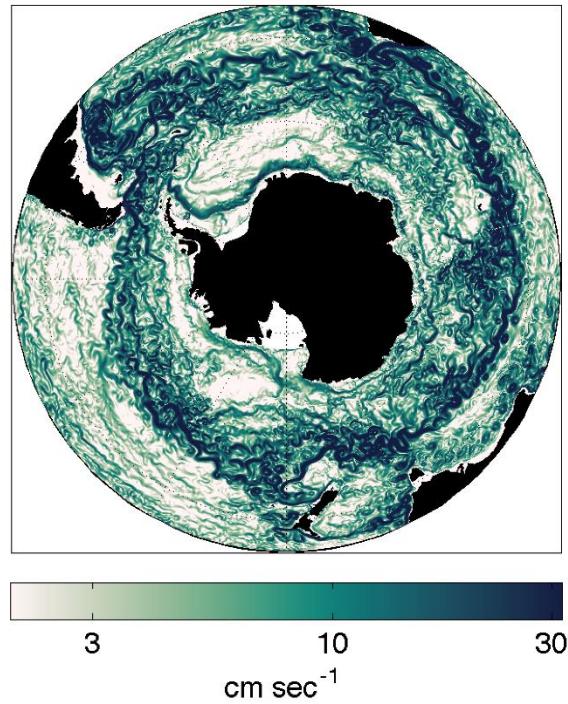
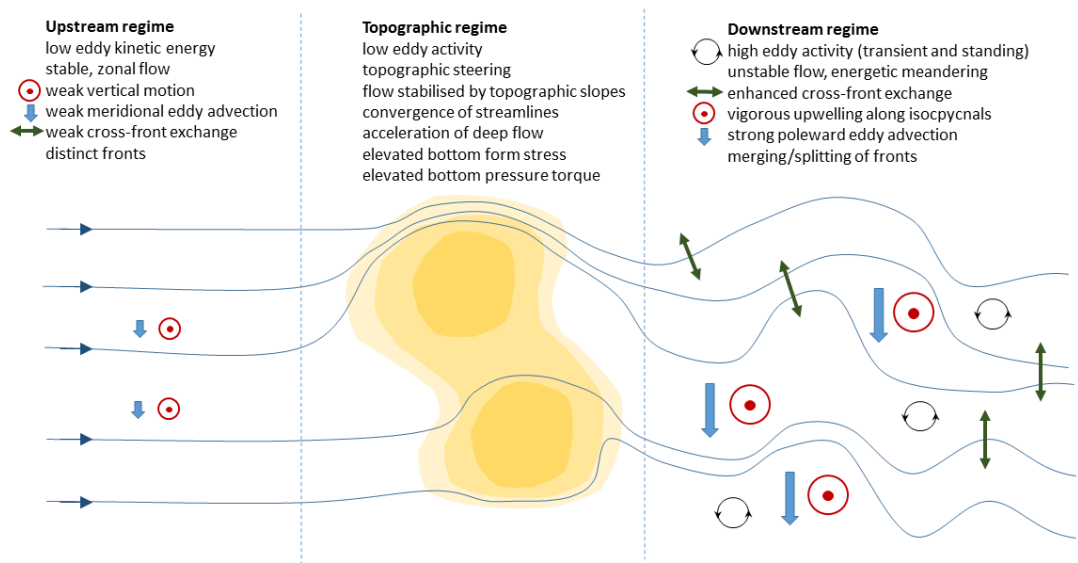


Figure 1: The Southern Ocean circulation. (top) 5-day mean current speed at 112 m from a high resolution ($1/12^\circ$) numerical simulation of the Antarctic Circumpolar Current, illustrating the filamented, eddy-rich structure of the current (see movie in Supporting Information of reference 110). (bottom) A highly schematic view of the Southern Ocean overturning circulation (adapted from reference 111). The schematic omits many important aspects of the Southern Ocean circulation, including wind and buoyancy forcing, eddies and mixing processes.

900



901

902 **Figure 2. Interaction of the Antarctic Circumpolar Current with topography.** A schematic view of
903 the dynamical processes at work in the distinct dynamical regimes upstream, over, and downstream
904 of a topographic obstacle in the path of the current.

905 [sketch to be drafted by Nature illustrators]

906

907

908

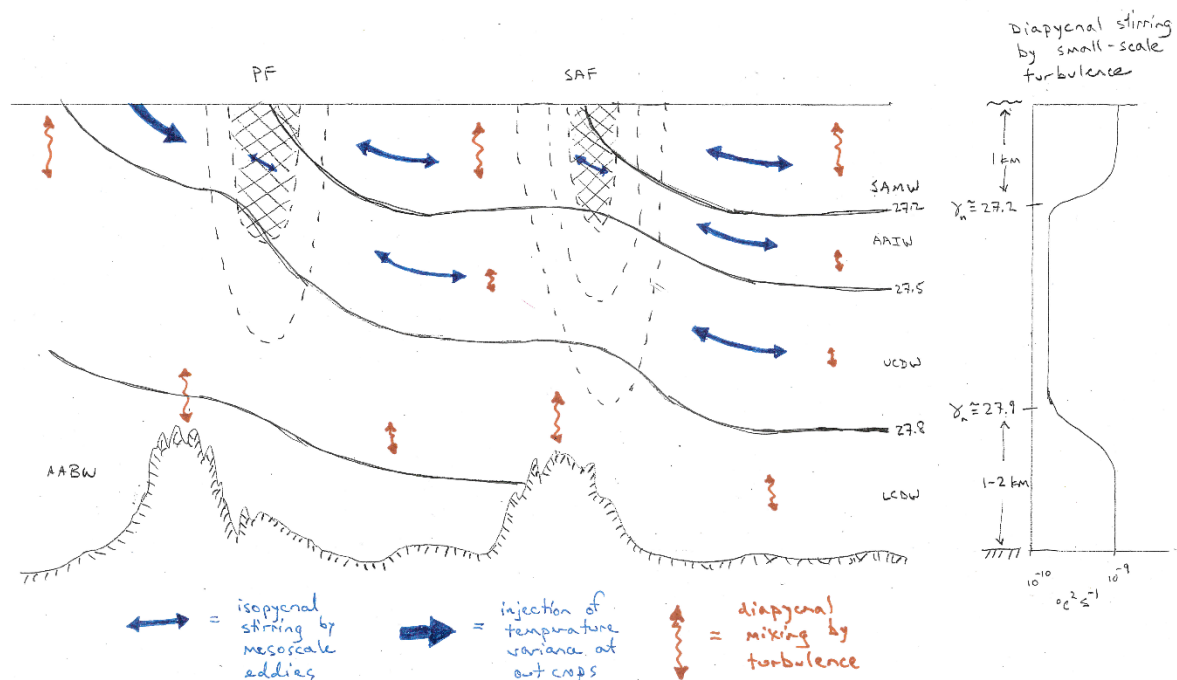


Figure 3. Spatial distribution of mixing along and across isopycnals. A schematic representation of the spatial variability of mixing processes in the Southern Ocean. Isopycnal mixing is inhibited in the upper part of the ACC jets, where the mean flow is strong relative to the eddies (shaded region). Isopycnal mixing can transport tracers against the mean flow, ventilating upwelling layers (heavy blue arrow at upper left of diagram). The strength of isopycnal mixing is dependent on eddy kinetic energy, hence wind strength. Diapycnal mixing is enhanced near the surface, where wind-generated, downward-propagating inertial waves break, and near topography, where lee waves generated by interaction of the flow with topography propagate upward and break. Diapycnal mixing is weak in the remainder of the domain.

[draft sketch; to be drafted by Nature illustrators]

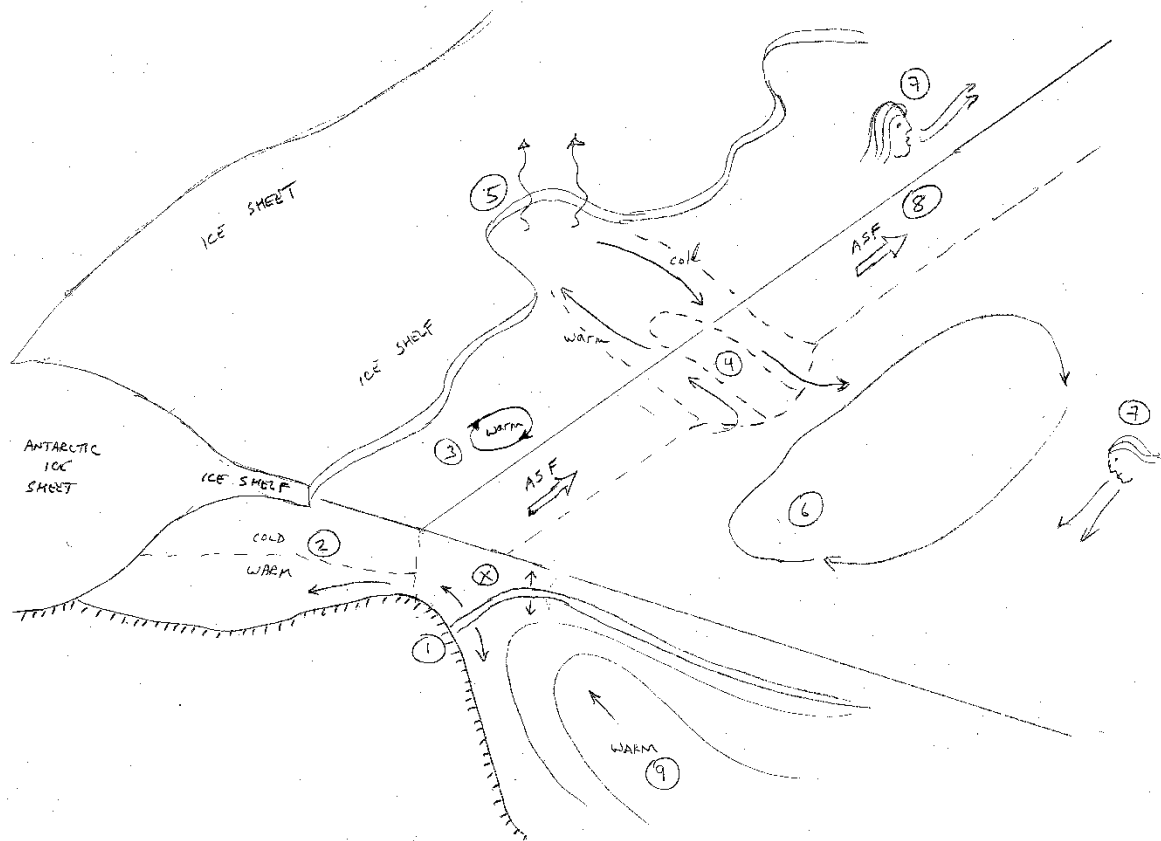


Figure 4. Processes controlling ocean heat flux to the Antarctic margin. A schematic

representation of physical processes that can influence the transport of warm water from the open ocean to ice shelf cavities. (1) The Antarctic Slope Front forms the boundary between cold waters on the shelf and warm waters offshore. Processes that cause the Slope Front to heave (vertically or north-south) can influence transport of warm water onto the shelf (e.g. tides, wind, topographic waves) (2) Wind or buoyancy forcing (local or remote) can change the depth of the thermocline on the shelf, affecting how much warm water can reach the ice shelf cavity. (3) Eddies contribute to transferring warm water across the shelf break. (4) Warm water can be steered onto the shelf through deep channels. (5) Polynyas can form and export large volumes of cold, dense shelf water; warm offshore waters can be drawn onshore to conserve mass. (6) The large-scale circulation (e.g. subpolar gyres) can influence the reservoir of heat available for transport onto the shelf. (7) Changes in wind can affect upwelling of warm deep water and ocean currents so as to either facilitate or

936 inhibit cross-shelf exchange of warm water. (8) Changes in deep water source properties or
937 upwelling strength can affect the ocean heat available for transport onto the shelf.

938 [sketch; to be drafted by Nature illustrators]

939

940